Prayer and the Bible

The Bible is our holy book, has prayers like the Lord's Prayer in it and also has the Psalms, which are a great example of people telling God exactly how they feel!

Choose a short passage from the Bible. Read it slowly. Re-read it and notice a phrase that draws your attention. Talk to God about it.

Explore the Bible with the Bible Chat Mat in your household, download one of the free Bible Chat Mats by visiting www.bathandwells.org.uk/bible-chat-mat. Explore the mat, colour it, read the Bible story, discuss the questions and pray together.

Read a Bible story. What is your favourite part of the story? Which part do you not like? What surprises you? What connections can you make with life today? What is God saying to you and inspiring you to pray about?

Pray with a Bible story by imagining you are there. What can you see, hear or smell? How do you feel? If you were one of the characters, what would you like to say to Jesus and how does he reply?

Your word is a lamp for my feet, a light on my path.

Psalm 119:105



